## Canadian Soldiers Assistance Team (CSAT) Forum

**Newsletter - 2 November 2020** 

### The trending topics

#### Rumination - What is it?

FYI.... Never heard of it being called like...

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# **CBD** Is Being Given Out For Free(Canadians Only)





## Hearing and Tinnitus claim

Quick question for those that might know, or who have the wisdom of the ages I finally, after 25+ years post release went for a hearing test, after my dr referred me, as I was complaining about...

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## REASSESSMENT REQUEST OF CIA LEVEL

Good morning, Due to my disabilities I have been granted CIA Level 3, DEC, IRB, Canada Pension Plan Disability (CPPD) and the Disability Tax Credit (DTC). The last time I requested a reassessment...



## Disability percentage

Question. How does VAC determine the percentage. For example is someone is 39 % disability award at 5/5, how is the QOL determined? I assume that the percentage is probably lower than 39, but it...



## When REHAB services are available to a spouse once we are determined to be DEC

Has anyone dealt with this recently? I am told the rules have changed since Apr 2019. Comments?



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